

# 3-DAY CAMPING MEAL PLAN GROCERY LIST

## PRODUCE:

- Onions (3)
- Garlic cloves (2)
- Potatoes (4)
- Chopped romaine (3 cups)
- Plum tomatoes (3)
- Fresh basil (½ cup)
- Fresh arugula/spinach (2 cups)
- Bananas (5)
- Strawberries (1 pound)
- Green grapes (¼ pound)
- Fresh pineapple chunks (1 small container)
- Kiwi (1)

## MEAT:

- Smoked kielbasa or Polish sausage (1 pound)
- Ground beef (1 pound)
- Brats (4)
- Bacon (16 strips)
- Italian sausage links (4)
- Cubed cooked ham (1 cup)
- Deli turkey (½ pound)
- Hot dogs (4)

## FRIDGE/FREEZER:

- Frozen O'Brien potatoes (28-oz. package)
- Shredded cheddar cheese (3 cups)
- Cream cheese (10 oz.)
- Sour cream (⅓ cup)
- Shredded mozzarella (2 cups)
- Grated Parmesan (½ cup)
- Butter (4 Tbsp.)
- Eggs (6)
- Refrigerated red potato wedges (20-oz. package)

## BAKERY:

- Brat buns (4)
- Flour tortillas (4)
- Naan or pita bread (4)
- French bread (1 loaf)
- Whole wheat tortillas (5)

## PANTRY STAPLES:

- Chopped green chilies (4 oz. can)
- Whole kernel corn (15 ¼-oz. can)
- Reduced-sodium chili seasoning mix packet (1)
- Diced tomatoes and green chilies (10-oz. can)
- Ranch style beans (15-oz. can)
- Tomato basil pasta sauce (1 cup)
- Creamy peanut butter (3 Tbsp.)
- Apricot preserves (3 Tbsp.)
- Barbecue sauce (½ cup)
- Chocolate hazelnut spread (2 Tbsp.)
- Semisweet chocolate chips (8 tsp.)
- Mini marshmallows (¼ cup)
- Confectioners' sugar (⅓ cup)
- Almond extract (¼ tsp.)
- Chocolate candy bar (1)
- Large marshmallows (4)
- Dijon mustard (¼ cup)
- Steak sauce
- Salt
- Olive oil
- Canola/vegetable oil
- Pepper
- Honey
- Mayonnaise

